

# 201 Birmingham Patriots Registration

**PARTICIPANT NAME:** \_\_\_\_\_ **DATE OF BIRTH:** \_\_\_\_\_

**LEGAL ADDRESS:** \_\_\_\_\_

**E-MAIL ADDRESS 1:** \_\_\_\_\_ **PHONE 1:** \_\_\_\_\_

**E-MAIL ADDRESS 2:** \_\_\_\_\_ **PHONE 2:** \_\_\_\_\_

**SCHOOL ATTENDING AS OF AUGUST 2018:** \_\_\_\_\_ **GRADE LEVEL:** \_\_\_\_\_

**SCHOOL DISTRICT AS OF AUGUST 2018:** \_\_\_\_\_

**PRIMARY CONTACT:** \_\_\_\_\_

**RELATIONSHIP:** \_\_\_\_\_

**PHONE 1:** \_\_\_\_\_ **PHONE 2:** \_\_\_\_\_

**SECONDARY CONTACT:** \_\_\_\_\_

**RELATIONSHIP:** \_\_\_\_\_

**PHONE 1:** \_\_\_\_\_ **PHONE 2:** \_\_\_\_\_

**MEDICAL INSURANCE PROVIDER:** \_\_\_\_\_ **POLICY #** \_\_\_\_\_

**FAMILY PHYSICIAN:** \_\_\_\_\_ **PHONE #** \_\_\_\_\_

In consideration of the minor named above being allowed to participate in the Birmingham Unified Youth Football Organization (also known as the "Birmingham Patriots"), the undersigned, being the lawful parent(s) and/or guardians of the above named minor(s), for myself, spouse and my child/ward, knowingly and freely assume all risks, both known and unknown and assume full responsibility for my child/ward's participation. I hereby release, hold harmless and agree to indemnify and defend the Birmingham Patriots organization, its board members, coaches, volunteers, agents, contractors, any affiliated franchises and the Oakland/Macomb Youth Football Association ("OMYFA") from any and all liabilities with respect to any and all incidents, injury, disability, damages or even death to my child/ward arising out of my child/ward's involvement or participation with the Birmingham Patriots. I fully understand the possibility that serious injury or even death may result from participating. I hereby give my consent for the above minor to engage in league play and for the disclosure to the BUYFO, the OMYFA, the MHSAA or any governing organization of football & cheer of information otherwise protected by FERPA and HIPAA for the purpose of determining eligibility within the league or tournament play. The above named minor has my permission to accompany the team for out-of-town trips, events, training, games, and other activities related to the participation in the Birmingham Patriots. I understand and agree that above named minor will be expected to adhere firmly to all established athletic and participation policies of the Birmingham Patriots, the OMYFA or tournament(s) that my child attends, and that their participation may be revoked in the event they do not adhere to such policies. In consideration of my child's/ward's participation, I agree to accept full financial liability for all equipment handed out by the Birmingham Patriots that is lost, damaged or not returned at the end of the season, and that I am contractually obligated to pay the replacement costs value of the equipment to the Birmingham Patriots. I understand that under no circumstances will any portion of my registration fees be refunded after June 29, 2018 for any reason. I hereby certify that all the information provided is accurate and that I have read the release of liability, Indemnity and Assumption of risk statement above and give consent to play for my child/ward. I fully understand its terms and by signing this form I am giving up substantial rights and I sign this form freely and voluntarily without any inducement. I grant permission to the Birmingham Patriots, the OMYFA and any tournament my child/ward participates in to use photographs of my child/ward for promotional purposes without any remuneration. I acknowledge that I have read the Birmingham Patriots rules and agree to be bound by the rules contained therein.

**Parent / Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent / Guardian Name (printed):** \_\_\_\_\_

**Any player with inaccurate or falsified registration information, physical and/or birth certificate is subject to immediate removal from the OMYFA. <http://www.hometeamsonline.com/teams/?u=OMYFA&s=football>**

## DO NOT WRITE BELOW \* LEAGUE USE ONLY

<b>RECEIVED (DATE):</b>	<b>FLAG</b>	<b>5 to 7 YEAR OLDS</b>		<b>TEAM PLACEMENT:</b>
	<b>FRESHMAN</b>	<b>8 &amp; 9 YEAR OLDS</b>	<b>125 lbs max</b>	
	<b>JV</b>	<b>10 &amp; 11 YEAR OLDS</b>	<b>145 lbs max</b>	
	<b>VARSITY</b>	<b>12 &amp; 13 YEAR OLDS</b>	<b>170 lbs max</b>	
	<b>CHEER</b>	<b>5-13 YEAR OLDS</b>		

\*Eligibility date for 8-13 year olds determined as of 11/01/2011; 5 year olds must turn 5 on or before 08/01/2011: (OMYFA League requirements).

# Birmingham Patriots Physical Form

HISTORY

DATE OF EXAM \_\_\_\_\_

A current physical must be dated on/after April 15, 2018

Name \_\_\_\_\_ Sex \_\_\_\_\_ Age \_\_\_\_\_ Date of birth \_\_\_\_\_  
 Grade \_\_\_\_\_ School \_\_\_\_\_ Sports \_\_\_\_\_  
 Address \_\_\_\_\_ Phone \_\_\_\_\_  
 Personal physician \_\_\_\_\_  
 In case of emergency, contact  
 Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone (H) \_\_\_\_\_ (W) \_\_\_\_\_

Explain "Yes" answers below.  
 Circle questions you don't know the answers to.

	Yes	No		Yes	No
1. Have you had a medical illness or injury since your last check up or sports physical? Do you have an ongoing or chronic illness?	†	†	10. Do you use any special protective or corrective equipment or devices that aren't usually used for your sport or position (for example knee brace, special neck roll, foot orthotics, retainer on your teeth, hearing aid)?	†	†
2. Have you ever been hospitalized overnight? Have you ever had surgery?	†	†	11. Have you had any problems with your eyes or vision? Do you wear glasses, contacts or protective eyewear?	†	†
3. Are you currently taking any prescription or nonprescription (over the counter medications) or pills or using an inhaler? Have you ever taken any supplements or vitamins to help you gain or lose weight or improve your performance?	†	†	12. Have you ever had a sprain, strain or swelling after injury? Have you broken or fractured any bones or dislocated any joints? Have you had any other problems with pain or swelling in muscles, tendons, bones or joints? If yes, check appropriate box and explain below.	†	†
4. Do you have any allergies (for example, to pollen, medicine, food, or stinging insects)? Have you ever had a rash or hives develop during or after exercise?	†	†	† Head † Elbow † Hip † Neck † Forearm † Thigh † Back † Wrist † Knee † Chest † Hand † Shin/calf † Shoulder † Finger † Ankle † Upper arm † Foot		
5. Have you ever passed out during or after exercise? Have you ever been dizzy during or after exercise? Have you ever had chest pain during or after exercise? Do you get tired more quickly than your friends do during exercise? Have you ever had racing of your heart or skipped heartbeats? Have you had high blood pressure or high cholesterol? Have you ever been told you have a heart murmur? Has any family member died of heart problems or of sudden death before age 50? Have you had a severe viral infection (for example, myocarditis or mononucleosis) within the last month? Has a physician ever denied or restricted your participation in sports for any heart problems?	†	†	13. Do you want to weigh more or less than you do now? Do you lose weight regularly to meet weight requirements for your sport?	†	†
6. Do you have any current skin problems (for example, itching, rashes, acne, warts, fungus, or blisters)?	†	†	14. Do you feel stressed out?	†	†
7. Have you ever had a head injury or concussion? Have you ever been knocked out, become unconscious, or lost your memory? Have you ever had a seizure? Do you have frequent or severe headaches? Have you ever had numbness or tingling in your arms, hands legs or feet? Have you ever had a stinger, burn, or pinched nerve?	†	†	15. Record the date of your most recent immunizations (if known) for: Tetanus _____ Measles _____ Hepatitis B _____ Chickenpox _____		
8. Have you ever become ill from exercising in the heat?	†	†	<b>FEMALES ONLY</b>		
9. Do you cough, wheeze, or have trouble breathing during or after activity? Do you have asthma? Do you have seasonal allergies that require medical treatment?	†	†	16. When was your first menstrual period? _____ When was your most recent menstrual period? _____ How much time do you usually have from the start of one period to the start on another? _____ How many periods have you had in the last year? _____ What was the longest time between in the last year _____ Explain "Yes" answers here: _____ _____ _____ _____ _____		

I hereby give my consent for the disclosure to the MHSAA of information otherwise protected by FERPA and HIPAA for the purpose of determining eligibility for interscholastic athletics. I also hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct.

Signature of athlete \_\_\_\_\_ Signature of parent/guardian \_\_\_\_\_ Date \_\_\_\_\_

# Birmingham Patriots Physical Form

OMYFA League requires physical dated on/after 4/15/18

Name _____	Date of birth _____
Height _____ Weight _____ % Body fat (optional) _____	Pulse _____ BP _____/_____(____/____, ____/____)
Vision R 20/____ L 20/____ Corrected: Y N	Pupils: Equal ____ Unequal ____

NORMAL	ABNORMAL FINDINGS	INITIALS
<b>MEDICAL</b>		
Appearance		
Eyes/Ears/Nose/Throat		
Lymph Nodes		
Heart		
Pulses		
Lungs		
Abdomen		
Genitalia (Males only)		
Skin		
<b>MUSCULOSKELETAL</b>		
Neck		
Back		
Shoulder/arm		
Elbow/forearm		
Wrist/hand		
Hip/thigh		
Knee		
Leg/ankle		
Foot		

\* Station based examination only

## CLEARANCE

Cleared

Cleared after completing evaluation/rehabilitation for: \_\_\_\_\_

†  Not Cleared for: \_\_\_\_\_ Reason: \_\_\_\_\_

Recommendations: \_\_\_\_\_

Name of Physician (Print/Type) \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

Signature of Physician \_\_\_\_\_ MD or DO \_\_\_\_\_

**PHYSICIAN OFFICE STAMP REQUIRED**

# 2018 SEASON BIRMINGHAM PATRIOTS CHEER KIT

If you have any of these items from last year, there is no need to reorder! **Size Chart for Pants & Jacket on Page 2 of this Document.**

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Phone: \_\_\_\_\_

## JACKET -w/ Logo & Name

Name on Jacket

**\*\*CIRCLE SIZE\*\*** Size: Youth SM Youth M Youth LG

Adult SM Adult M Adult LG Adult XL

\$38

## PANTS- w/ PATRIOTS down the leg **\*\*See size chart\*\***

**\*\*CIRCLE SIZE\*\*** Size: Youth XS Youth SM Youth M Youth LG

Adult XSM Adult S Adult M Adult L Adult XL

\$32

## UNDERSHIRT- White for under uniform shell

**\*\*CIRCLE SIZE\*\***

Size: Youth SM Youth M Youth LG

Adult SM Adult M Adult LG Adult XL

\$18

## SPANKIES- for under skirt

**\*\*CIRCLE SIZE\*\***

Size: Youth SM Youth M Youth LG

Adult SM Adult M Adult LG Adult XL

\$13

## HAIR BOWS (game and Cheer Off)

\$12

## UNIFORM- provided by Patriots for the season

**\*\*CIRCLE**

**SIZE\*\*** NO FEE

Size: Youth SM Youth M Youth LG

Adult SM Adult M Adult LG Adult XL

**TOTAL DUE:**

\$

**MAIL PAYMENT & FORM TO:  
Patriots Cheer c/o Bethany Finnerty  
17836 Locherbie  
Beverly Hills, MI 48025**

**Pant Size Chart**

Size	Inseam	Waist
YXS	18"	19"
YS	20"	22"
YM	23"	24"
YL	26"	26"
XS	30"	26"
S	31"	28"
M	32"	30"
L	32"	32"
	XL	33" 34"
	XXL	33" 37"

Waist: Measure around waist,  
not over clothes.

**Jacket Size Chart**

**YOUTH**

	S	M	L
<b>SIZE</b>	6/8	10/12	14/16
<b>CHEST</b>	26/28	28/30	30/32

**ADULT**

	S	M	L	XL
<b>CHEST</b>	35/37	38/40	41/43	44/46