

Birmingham Patriot Cheerleading Policies 2018

PRACTICE/GAMES/CHEER OFF:

- *Please note all dates are subject to change.
- Calendars will be emailed in August as well as distributed at practice.
- Games are on Saturday or Sunday tentatively beginning August 18th.
- To give you an idea, the season begins on August 6th and ends tentatively on November 4th. (depending on football playoff advancement)
- **August 6th - September 28th: Practice Days (2/week) TU and TH**, Flag team: 6:00-7:15 PM, Freshman, JV and Varsity 6:00-8:00 PM
- **October 1-12th: Practice Days (3/week) TU, Wed, TH**, *Flag team: 6:00-7:00 PM, Freshman, JV and Varsity 6:00-8:00 PM
- **October 15 -26th: Practice Days (4/week) Mon, Tu, Wed, Th**, *Flag team: 6:00-7:00 PM, Freshman, JV and Varsity 6:00-8:00 PM
- **Monday 10/29, Tu 10/30, Thursday 11/1 Practice Days (3/week)** *Flag team: 6:00-7:00 PM, Freshman, JV and Varsity 6:00-8:00 PM
- **CHEER OFF is on Saturday, November 3rd. This is MANDATORY and an ALL DAY EVENT.** (Drop off athlete tentatively 6:00 AM, program begins tentatively 9:30 AM. Flag team attends the afternoon portion only.)

Absences/Leaving late/early:

- There are 2 practices a week from August through September. There are 3-4 practices a week in October.
- To participate in games, girls must be at 3 out of 4 practices during the months of August and September. This will be calculated on a biweekly basis.
- To participate in games, girls must be at 5 out of 6 practices during the month of October. This will be calculated on a biweekly basis.
- To participate in Cheer Off, athletes must cheer at 6 of 8 games.
- If the corresponding football team makes it into Play Offs, cheering at the game is **MANDATORY**.
- If your athlete misses a practice or game due to illness or injury, a doctors note will excuse this absence.
- Please report any absences, or late/early arrivals and departures by emailing this account or by **texting the General Manager**. Please include your daughter's first and last name.

Behavior:

- Athletes are expected to be **respectful and polite** to coaches and teammates alike.
- Talking back, refusal to participate, out-right negativity **will not be tolerated**.
- If an athlete attends practice but does not participate in the practice, they will be marked absent and the parent will be notified.
- We want this to be a **POSITIVE and FUN** experience for everyone. It would be very helpful if you would have this discussion with your athlete.
- All teams will be addressed in terms of behavior and expectations on the first day of practice by their coaches.
- The General Managers will revisit each team within 2 weeks of first practice to review proper behavior and expectations.
- If there are behavior problem with individual athletes, the General Manager will meet with the parents and discuss behavior improvement plan.
- Thank you so much for your cooperation and assistance with this.
- By signing you are acknowledging that you understand the above.

Parent/Guardian Signature

Date